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### 54 Implantable defibrillation electrodes.

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## Description

The present invention relates generally to medical devices, and more particularly to patch electrodes for use with automatic implantable cardiac defibrillators.

Cardiac arrhythmias can arise in the atria or ventricles as a consequence of an impairment of the heart's electro-physiologic properties such as excitability, conductivity, and automaticity (rhythmicity). Tachycardia is an arrhythmia characterized by rapid beating of the affected chamber which, in some instances, may lead to fibrillation. During fibrillation, sections of conductive cardiac tissue of the affected chamber undergo completely uncoordinated random contractions, quickly resulting in a complete loss of synchronous contraction of the overall mass of tissue and a consequent loss of the blood-pumping capability of that chamber.

Because of the lack of contribution of the atrial chambers to cardiac output, atrial fibrillation is hemodynamically tolerated and not generally regarded as life-threatening. However, in the case of ventricular fibrillation, cardiac output ceases instantaneously as a result of the rapid, chaotic electrical and mechanical activity of the excitable myocardial tissue and the consequent ineffectual quivering of the ventricles. Unless cardiac output is restored almost immediately after the onset of ventricular fibrillation, tissue begins to die for lack of oxygenated blood, and death will occur within minutes.

Ventricular fibrillation is frequently triggered by acceleration of a ventricular tachycardia. Hence, various methods and devices have been developed or proposed to treat and arrest the tachycardia before the onset of fibrillation. Conventional techniques for terminating tachycardia include pacing therapy and cardioversion. In the latter technique, the heart is shocked with one or more current or voltage pulses of generally considerably higher energy content than is delivered in pacing pulses. Unfortunately, the use of such therapy itself presents a considerable risk of precipitating fibrillation.

Defibrillation -- that is, the method employed to terminate fibrillation -- involves applying one or more high energy "countershocks" to the heart in an effort to overwhelm the chaotic contractions of individual tissue sections and to re-establish an organized spreading of action potential from cell to cell of the myocardium, thereby restoring the synchronized contraction of the mass of tissue. If these chaotic contractions continue in any tissue section, the defibrillation may be short-lived in that the uncontrolled tissue section remains a potential source for re-fibrillation. Successful defibrillation clearly requires the delivery of a shocking pulse

containing a substantial amount of electrical energy to the heart of the afflicted person, at least adequate to terminate the fibrillation and to preclude an immediate re-emergence.

5 In the conventional approach of transthoracic external defibrillation, paddles are positioned on the patient's thorax and, typically, from about 100 to about 400 joules of electrical energy is delivered to the chest area in the region of the heart. It is apparent from the manner in which the shock is applied that only a portion of this energy is actually delivered to the heart and, thus, is available to arrest fibrillation. Where fibrillation occurs during open heart surgery, internal paddles may be applied to opposite surfaces of the ventricular myocardium and, in these instances, the energy required to be delivered is considerably less, on the order of 20 to 40 joules.

20 Over the past several years, implantable automatic defibrillators have been developed for use in detecting and treating ventricular fibrillation. In 1970, M. Mirowski et al. and J. C. Schuder et al. separately reported in the scientific literature their independent proposals for a "standby automatic defibrillator" and a "completely implanted defibrillator", respectively, including experimental results in dog tests. Since that time, a vast number of 25 improvements in implantable defibrillators, including electrode placement using extrapericardial patches or transvenous catheters, has been reported in the scientific literature and patent publications.

30 The pulse energy requirements for internal defibrillation with known implantable defibrillators and 35 electrode systems range from about 5 joules to approximately 40 joules. Of course, the actual energy level required may differ from patient to patient, and further depends on such factors as the type of pulse waveform and the electrode configuration employed. While advances and improvements in electrical energy sources in general and pacemaker batteries in particular have been made over the past few years, it is clear, nonetheless, that 40 repeated delivery of such amounts of energy from an implanted system will deplete conventional batteries in relatively short order. Accordingly, reduction of the energy level required for internal defibrillation remains a key area of inquiry and investigation.

45 It is a principal object of the present invention to provide improvements in electrode systems for internal defibrillation and in methods for making such electrode systems.

50 A related object is to provide an implantable 55 electrode system, for use with implantable automatic defibrillators, which delivers the defibrillating waveform with considerably greater efficiency than has been achieved using prior art systems, and

which therefore provides successful defibrillation at markedly reduced levels of electrical energy, compared to the levels heretofore necessary.

An early U.S. patent, in terms of the relative immaturity of developments in the field, No. 2,985,172, issued in 1961, described a tissue contact electrode for use in delivering a high voltage discharge directly to the heart. Each electrode consisted of a conductive ring connected to an insulated electrical lead, the ring holding conductive foil members and enclosed in a gauze sock, with a flexible backing member at one side of the gauze sheath. The overall electrode pad was described as sufficiently flexible to assume a dished shape tightly engaging the tissue of the heart.

In U.S. Patent No. 4,030,509, Heilman et al. described an implantable electrode system for ventricular defibrillation, in which the electrodes are arranged in a generally base-apex configuration with a split conformal base electrode positioned above the base of the ventricles in the region of the atria, and a cuplike conformal apex electrode positioned at the apex of the heart.

In U.S. Patent Nos. 4,270,549 and 4,291,707, Heilman et al. disclosed defibrillation electrodes of rectangular shape designed for insertion through the soft tissues outside the pleural cavity for contacting the heart. Each electrode consists of a metallic mesh either sandwiched between two layers of inert electrical insulation material or backed with a single layer of such material stitched to the mesh.

In U.S. Patent No. 4,548,203, Tacker et al. disclosed an electrode system for use with implantable pulse generators employed for cardioversion or defibrillation. The system consists of two sets of opposed patch electrodes, one pair disposed laterally on the epicardium and the other pair disposed ventrally-dorsally, with each electrode orthogonal to the adjacent electrodes. The patent asserts that the presence of the latter pair of electrodes does not significantly alter the current distribution from the first pair, so long as the electrodes are relatively small with respect to the epicardial circumference and the two pairs are isolated from each other during current flow. The patent further ascribes the use of two pairs of electrodes implanted in spaced relationship as purportedly permitting the use of smaller electrodes, lower voltage and current, and lower total energy, with a more uniform current density and less hazard of damage to adjacent heart tissue, than had heretofore been achieved. Two current pulses are sequentially delivered to the separate pairs of electrodes to provide a temporal and spatial summation effect for the defibrillating current.

Nevertheless, these and other prior art electrode systems proposed for use with implantable

defibrillators dissipate relatively large amounts of energy in delivering shocking pulses to the heart. Consequently, their performance tends to be marred by unacceptably high risk of damage to the myocardium, and by the need for relatively large sized defibrillation pulse generators (including batteries) to supply the high energy levels required over even somewhat short term use.

A reduction in the shock strength required for defibrillation would be advantageous in that it would allow for a decrease in the size of the automatic implantable defibrillator, an increase in battery life, and a reduction of the possibility of myocardial damage resulting from the shock.

Accordingly the invention provides an electrode system for use in defibrillating the heart, in which a first patch electrode is configured for placement directly over the surface of the right ventricle of the heart, a second patch electrode is configured for placement directly over the surface of the left ventricle of the heart, and connecting means are provided for application of electrical energy to the respective electrodes to defibrillate the heart, characterized in that the second electrode is in spaced relationship to the first electrode to form a relatively uniform gap between confronting borders of the two electrodes throughout the region of the ventricular septum when the electrodes are in place over the respective ventricles, and the electrodes have respective sizes and shapes to encompass a majority of the ventricular myocardium therebetween, toward establishing a relatively uniform potential gradient throughout the entire ventricular mass upon application of electrical energy to the electrodes, and the gap between the confronting borders of the electrodes is sufficiently wide to resist shunting of current across those borders and to accommodate at least some of the major coronary arteries therebetween.

The invention also provides the method of making patch electrodes for use in defibrillating the heart, comprising the steps of fashioning a first patch electrode including a conductive layer with an adherent insulative layer overlying only one side thereof and configured with a size and shape substantially conforming to and adequate for coverage of the majority of the right ventricle of the heart when in place over the surface thereof, conductively fastening an electrical lead to the conductive layer of the first patch electrode in a limited area at the border thereof free of the insulative layer, fashioning a second patch electrode including a conductive layer with an adherent insulative layer overlying only one side thereof and configured with a size and shape substantially conforming to and adequate for coverage of the majority of the left ventricle of the heart when in place over the surface thereof, conductively fastening an electrical

lead to the conductive layer of the second patch electrode in a limited area at the border thereof free of the insulative layer, and further sizing and shaping the first and second patch electrodes such that when they are in place over the respective ventricles a gap is formed between the confronting borders of the two electrodes along the ventricular septum, substantially equidistant throughout the region of the confrontation.

Furthermore, the invention provides an implantable defibrillator, comprising an electrical waveform generator for producing a defibrillating waveform on demand, first and second patch electrodes to be placed over the left and right ventricles of the heart, respectively, and leads for electrically interconnecting the electrical waveform generator with the first and second patch electrodes, characterized in that the two electrodes have a substantially uniform gap between their confronting borders when in place over the respective ventricles and the electrodes encompass a majority of the ventricular myocardium, for establishing a uniform potential gradient field throughout the entire ventricular mass when the defibrillating waveform is produced by the electrical waveform generator and delivered to the electrodes via the leads.

The present invention provides improvements in implantable electrodes, and in methods of making such electrodes, for delivery of defibrillating waveforms to a heart in ventricular fibrillation, and in apparatus and methods for defibrillation. It has been observed that the electrical potential gradient field created from shocks through small epicardial defibrillation electrodes is extremely uneven, with the highest potential gradient occurring near the electrodes, and the lowest potential gradients occurring in areas distant from the electrodes. Following application of a shock just below the defibrillation threshold to a heart in ventricular fibrillation, which is unsuccessful to terminate the fibrillation, the site of earliest resumption is observed to be in an area of low potential gradient, distant from the electrodes. However, a shock which creates a field just strong enough to defibrillate in regions distant from the electrodes will establish a much stronger field near the electrodes. At best, this is wasteful of the limited energy available in an implantable system, and, at worst, may cause myocardial damage and cardiac arrhythmias. Accordingly, we postulate that a more uniform potential gradient field would improve efficiency of the energy delivery system and reduce the energy required for successful defibrillation.

According to a major aspect of the invention, separate large area defibrillation patch electrodes are placed over the right ventricle and the left ventricle of the heart and secured directly to either the epicardium or the pericardium. Each electrode

is fabricated from a conductive layer, such as a mesh, with a bio-compatible insulative backing layer overlying one side of the conductive mesh, and an electrically conductive connection between the mesh and a lead for delivering the defibrillating waveform from the implanted (or external) defibrillator to the electrode. Preferably, each electrode is contoured to conform to the shape of the heart in the region of the respective ventricle over which it is to be placed, and has a size and shape to encompass a substantial portion of the ventricular myocardium but not other areas of the heart. In alternative embodiments of the invention, however, the electrodes are fabricated in a flat configuration, also of a size and shape such that when placed over the respective ventricles they encompass a substantial portion of the ventricular myocardium, despite some deformation of each electrode.

One significant principle applied in the design of the electrodes of the invention is that a more uniform potential gradient field should be provided throughout the entire ventricular mass. Electrodes of large surface area appear to be conducive to a more even field, and to decreased electrode impedance. Important criteria relating to the structure and placement of patch electrodes according to the invention, include the following: (1) The electrodes should be of a size and shape such that they may be placed to encompass all or a substantial portion of the ventricular myocardium within their borders, while at the same time, the size, shape and placement should provide a gap between the confronting borders of the electrodes which is sufficiently wide to preclude the likelihood that current will be shunted between the electrode edges. (2) The size and shape of the electrodes should further be such that when properly placed over the ventricles, the gap between their confronting borders is substantially uniform throughout the region of the confrontation. (3) The gap should be sufficient to accommodate the ventricular septum therein, when the electrodes are in place over the ventricles, such that the preferential flow of current is through one ventricle and across the septum to the free wall of the other ventricle, to preclude flow along the high conductivity blood cavities of the ventricles. (4) The gap should also be sufficient, when the electrodes are in place over the ventricles, to accommodate the major coronary arteries therein, and thereby reduce the likelihood of vascular injury from subjection to high field intensity during delivery of the defibrillating waveform.

The above and still further objects, features and attendant advantages of the present invention will become apparent to those persons skilled in the field to which the invention pertains from a consideration of the following detailed description of a presently preferred embodiment, taken in con-

junction with the accompanying drawings, in which:

FIGS. 1a and 1b are diagrammatic representations of contoured patch electrodes according to the invention, in place of the heart seen from anterior and posterior views, respectively;

FIGS. 2a and 2b are perspective views of the contoured patch electrodes of FIG. 1, as seen prior to placement over the ventricles;

FIG. 3 is a diagrammatic representation of a portion of the human body illustrating the patch electrodes connected to an implanted automatic defibrillator;

FIG. 4 is a section view taken through a patch electrode according to the invention;

FIG. 5 is a fragmentary view, partly broken away, illustrating the connection between a patch electrode and an electrical lead, according to an embodiment of the invention;

FIGS. 6a, 6b and 6c are plan views of flat patch electrodes according to an alternative embodiment of the invention, in which FIG. 6a illustrates a right ventricular electrode, and FIGS. 6 b and c illustrate alternative forms of a left ventricular electrode; and

FIG. 7 is a set of histograms of defibrillation threshold voltage and energy of six waveforms, some of which were used with epicardial placement and others with pericardial placement of the patch electrodes of FIG. 1, in tests conducted on six dogs.

Referring now to FIGS. 1a, 1b, 2a, 2b, and 4, in a preferred embodiment of the invention a pair of contoured defibrillation patch electrodes 12 and 15 are configured with relatively large surface area compared to prior art forms of defibrillation patch electrodes. In particular, each of patch electrodes 12 and 15 is contoured to conform to the shape of the heart in the region of the right and left ventricles of the heart 10, respectively, for placement over the ventricles on the epicardium or the pericardium. After proper placement on the epicardium, for example, as generally illustrated in FIGS. 1a and 1b (the former being the anterior and the latter the posterior representation), the two patch electrodes 12 and 15 may be secured directly to the epicardium by sutures.

Preferably, each patch electrode is fabricated from a conductive mesh 17, such as titanium mesh grade 2 having 50 by 50 lines per inch (available, for example, from Unique Wire of Hillside, N.J.), with a conformal (flexible) biocompatible insulative backing layer 20, such as  $5.08 \times 10^{-4}$  m (0.020 inch) thick silicone rubber sheet, adherently secured to the mesh (FIG. 4). The conductive mesh 17 will lie closest to the heart when the patch electrode is positioned for delivering defibrillating waveforms to the heart.

Each patch electrode may be fabricated manually using a model of the heart on which the layers are stretched and molded, or, for ease of manufacture, by sandwiching the layers between two halves of a heart-shaped mold. In either event, the conductive mesh 17 and insulative sheet 20 are cut or punched to proper size and shape according to the design principles to be described presently. The two layer assembly is then cured at a temperature of 163 degrees C (325 degrees F) for a period of about 25 minutes. A pair of tabs 23 (FIG. 5), preferably of titanium, may be spot welded to both sides of the mesh 17 at an edge location selected for connecting a low impedance coil lead 25 to the respective patch electrode, before the curing step, or afterward if the insulative backing 20 is then removed from the mesh at the point selected for the connection. Coil lead 25 may be tantalum-clad zirconium copper (from Heraeus of West Germany). The pair of tabs 23 mate together forming a hole into which coil lead 25 is readily inserted with a close tolerance. A crimp sleeve 28, also composed of titanium, is then placed over the ends of the pair of tabs forming the hole into which the coil lead is inserted, and the sleeve 28 is then crimped to assure a good electrical connection between the conductive layer (mesh 17) of the patch electrode and lead 25. A biocompatible insulative tube 30, preferably of 80 durometer silicone rubber, is then placed over the entire length of the coil lead.

Preferably, the entire border of the multilayer patch electrode is covered with a strip of biocompatible insulative sheet 33, such as Dow Corning 501-1 reinforced silastic sheeting (Dacron mesh), and glued in place with a suitable biocompatible medical grade adhesive such as Dow Medical Adhesive Silicone Type A (FIG. 2). This silastic mesh border forms a convenient area for suturing the patch electrode, which might otherwise rupture from the sutures, in place over the respective ventricle. After the insulative border mesh 33 is secured to the patch, it is preferable that additional layers of silicone rubber be applied to provide strain relief at the site 35 of the lead connection as shown in FIG. 2. The patch electrode portion of the assembly should be recured at a temperature of 163 degrees C (325 degrees F) for about 15 to 20 minutes after each layer of insulative rubber is applied, and should undergo a final postcure at the same temperature for a period of approximately four hours.

As illustrated in FIG. 3, the patch electrodes 12 and 15 are sutured in place over the ventricles (in thoracic surgery involving opening of the patient's chest), and the leads 37 are connected (using conventional connectors 38, FIG. 2b) to an implanted automatic defibrillator 39.

An important principle applied in the design of patch electrodes 12, 15 is that the two electrodes, when in place over the respective ventricles, should encompass a substantial portion of the ventricular myocardium between the electrode pair, which, according to our results, appears to establish a more uniform potential gradient field throughout the entire ventricular mass than has heretofore been achieved with patch or other defibrillating electrodes of other configurations. While we are not absolutely certain of all of the mechanisms leading to the improved results obtained with patch electrodes according to the present invention, it is believed that electrodes of such relatively large surface area serve to create a more even electric field, as well as to decrease the electrode impedance.

Another important aspect of the electrode design according to the invention is that the patch electrodes, although sized and shaped to encompass all or substantially all of the ventricles between them (and to avoid other regions of the heart), should have a relatively uniform gap 40 (FIG. 1) maintained between their confronting borders, and throughout the region of the confrontation, when the electrodes are in place over the respective ventricles. This gap 40 should be sufficiently wide to eliminate or considerably reduce the likelihood that current will be shunted between the confronting electrode edges when defibrillating shocks are applied. Thus, a balance must be struck to provide a pair of large area electrodes which will at one and the same time establish the desired more uniform field through the ventricles and yet have their opposing borders as far apart as possible to avoid a loss of current flow across the base of the heart and a consequent reduction in the efficient delivery of energy to terminate the fibrillation.

Further, the substantially equidistant spacing between confronting borders of the two patch electrodes (i.e., gap 40) should be sufficiently wide that the interventricular septum is accommodated within the gap. As a consequence, current will flow preferentially through one ventricle across the septum to the free wall of the other ventricle, rather than along the high conductivity blood cavities of the ventricles. Also, as will be observed from FIGS. 1a and 1b, the gap should accommodate some major coronary arteries, such as the left anterior descending coronary artery 43 and posterior descending coronary artery 45, to reduce the possibility of vascular damage during application of the high voltage defibrillating shocks to the electrodes. The patch electrode 15 is also configured such that the left circumflex coronary artery lies immediately above it when that electrode is in place.

It should be noted that the patch electrodes of the present invention have a very large amount of their surface area at the base of the heart where the spaces are largest. Also, each electrode is shaped such that when viewed between the edges of the two patches, most of the ventricles lie in a straight line between the patches, with the angle between that line and the patch electrodes being in the range from about 60 to about 80 degrees. 5 Thus, the electrode system and configuration of each electrode provides good coverage of the base of the heart. However, it is hypothesized that improved results may also be attained relative to prior art defibrillation electrode systems even if somewhat smaller patch electrodes than those depicted in FIGS. 1a and 1b are employed, provided the design and placement principles and guidelines set forth herein are followed to a reasonable extent. Contoured patch electrodes may be designed in 10 two or three sizes to capture the vast majority of the patient population.

It was observed that fibrillation tends to resume, after application of a shock just below the defibrillation threshold and, thus, not quite strong enough to defibrillate, in the area where the electric field produced by the electrode configuration is the weakest. The best (most successful) shock appears to be that which produces the highest energy level suitable to arrest fibrillation at the weakest portion of the field. The design philosophy for the electrodes of the present invention takes this into account in terms of the efficiency of the electrode system in delivering energy from the defibrillating waveform to the ventricles. If it were imagined that the edges of the two patch electrodes were the rims or openings at top and bottom of a lampshade, and those edges in confronting or opposing relationship were connected everywhere with straight lines perpendicular thereto, the objective is 20 to minimize (within limits according to the design principles herein) the volume of the ventricles lying outside the boundaries of the imaginary cloth covering the lampshade between the two rims. This is based to an extent on field theory. Those portions of the ventricles outside the electrodes will be subjected to considerably less current density than the portion within the electrodes.

Referring now to FIG. 6, an alternative embodiment of the patch electrodes of the present invention, is that in which the electrodes are fabricated in the multilayer configuration described above, but are of a flat planar form and, therefore, readily flexed to assume the shape of the heart in the region of the respective ventricles over which they 25 are to be placed, although it will be apparent that some deformation of such electrodes will occur in that placement. A right ventricular patch electrode 50 is shown in FIG. 6a, with the connection to lead

53 at a site 55 selected to assure that the lead will be positioned at the anterior of the heart when electrode 50 is in place, in the same manner as shown in FIG. 1a. It will be observed that patch electrode 50 has an outline similar to that of a shoe, or a thong.

According to another feature of the invention, electrode 53 is provided with one or more holes 58 through the insulative backing, but not through the conductive mesh. Each of the other flat patch electrodes of FIGS. 6b and c, and the previously described contoured patch electrodes 12 and 15 may similarly be provided with such holes in the insulative backing. The holes may be, and preferably are, larger than those shown in FIG. 6a; indeed, a single relatively large hole may be more desirable. Should the internal implanted defibrillator fail, the presence of one or more large holes in the insulative backing will allow current flow therethrough and to the heart, thereby lowering the threshold energy for transthoracic external defibrillation. The holes also serve to allow fluid egress and ingress through the electrode.

Two different shapes for a left ventricular flat patch electrode are shown in FIGS. 6b and c. Here again, these electrodes are constructed in a manner similar to that for the contoured patch electrodes, except that since electrodes 60 and 62 are flat, they tend to be more flexible and to assume the shape of the heart in the region of placement, albeit with some slight buckling of the electrode. Patch electrode 60 has an outline similar to that of a molar, while the outline of electrode 62 resembles that of a skull. In any event, the flat patch electrodes are basically designed according to the same design principles as applied to the contoured electrodes, including large surface area, capturing substantially all of the ventricular myocardium therebetween except in the region of the gap between opposing borders of the electrodes when placed over the ventricles. Electrode 60 is preferred as the flat version of the LV patch because it readily assumes the proper contour when the "roots" of the "molar" are brought together to provide a uniform gap 63 therebetween. They may be secured in that position using a soft silicone rubber strip 64, with subsequent curing.

As noted earlier herein, a wide range of thresholds for direct defibrillation using a variety of configurations has been reported in the literature. The initial shock strength used with currently available automatic implantable defibrillators is about 25 joules. In 1978, Mirowski et al. reported obtaining defibrillation thresholds (DFTs) of 4-10 joules with chronically implanted titanium catheter electrodes and epicardial defibrillation patches in dogs. In 1986, Kallok et al. reported obtaining a mean DFT of less than 3 joules in isolated dog hearts using

large titanium patch electrodes in conjunction with a defibrillating catheter.

We have found in our studies that defibrillation is reliably achieved at shock energy levels considerably lower than those heretofore required, using defibrillation patch electrodes as described herein with defibrillation waveforms of various types. It will be observed from FIG. 7, which was derived from tests on six dogs using monophasic and biphasic waveforms, that the best results were obtained using biphasic waveforms of certain types. The results for waveforms 67, 70 and 71 were obtained with contoured patch electrodes secured to the epicardium, and the results for waveforms 68, 69, 70 and 72 were obtained with the contoured electrodes affixed directly to the pericardium. The numbers below each waveform indicate duration of each phase in milliseconds.

The generating apparatus for and specific characteristics of these biphasic waveforms are disclosed in other patent applications assigned to the same assignee as is the present application, and form no part of the invention disclosed herein.

Although there are differences in the DFTs for the different waveforms, in FIG. 7 and other compatible test results not shown herein, the DFTs achieved in these tests are much lower throughout than those reported to date by others. Indeed, known defibrillation electrode systems currently employed are consistently successful in the 7 to 10 joule range; energy levels which are to be contrasted with the DFTs consistently demonstrated in the 2.0 to 3.0 joule range with electrode configuration and placement according to the present invention, and which are attributable virtually solely to the electrode system.

### Claims

1. An electrode system for use in defibrillating the heart (10), in which a first patch electrode (12) is configured for placement directly over the surface of the right ventricle of the heart, a second patch electrode (15) is configured for placement directly over the surface of the left ventricle of the heart, and connecting means (37) are provided for application of electrical energy to the respective electrodes to defibrillate the heart, characterized in that the second electrode (15) is in spaced relationship to the first electrode (12) to form a relatively uniform gap (40) between confronting borders (33) of the two electrodes (12,15) throughout the region of the ventricular septum when the electrodes are in place over the respective ventricles, and the electrodes (12,15) have respective sizes and shapes to encompass a majority of the ventricular myocardium therebetween,

toward establishing a relatively uniform potential gradient throughout the entire ventricular mass upon application of electrical energy to the electrodes (12,15), and the gap (40) between the confronting borders (33) of the electrodes is sufficiently wide to resist shunting of current across those borders and to accommodate at least some of the major coronary arteries (43,45) therebetween.

2. The electrode system according to claim 1, in which each of the electrodes (12,15) comprises a conductive mesh (17) adapted to lie adjacent to the surface of the respective ventricle at one side of the mesh, and a flexible biocompatible insulative backing (20) covering the other side of the mesh.
3. The electrode system according to claim 2, in which each of the electrodes (12,15) further has a resilient biocompatible insulative border (33) about the entire edge of the respective electrode for suturing thereof to either of the epicardium or the pericardium.
4. The electrode system according to claim 2, in which each of the electrodes (12,15) has one or more holes (58) in the insulative backing.
5. The electrode system according to claim 1, in which each of the electrodes (12,15) is contoured to closely conform to the shape of the heart (10) in the region of the ventricle over which the respective electrode is to be placed.
6. The electrode system according to claim 1, in which each of the electrodes (50,60) is flexible and has a normally flat configuration patterned with a shape which is adequate, when the electrode is in place over the respective ventricle, to encompass the majority of the respective ventricular myocardium with some deformation of the electrode.
7. A method of making patch electrodes (12,15) for use in defibrillating a heart (10), comprising the steps of fashioning a first patch electrode (12) including a conductive layer (17) with an adherent insulative layer (20) overlying only one side thereof and configured with a size and shape substantially conforming to and adequate for coverage of the majority of the right ventricle of the heart when in place over the surface thereof, conductively fastening an electrical lead (37) to the conductive layer (17) of the first patch electrode (12) in a limited area at the border (33) thereof free of the insulative layer (20), fashioning a second patch

- 5 electrode (15) including a conductive layer (17) with an adherent insulative layer (20) overlying only one side thereof and configured with a size and shape substantially conforming to and adequate for coverage of the majority of the left ventricle of the heart when in place over the surface thereof, conductively fastening an electrical lead (37) to the conductive layer (17) of the second patch electrode (15) in a limited area at the border (33) thereof free of the insulative layer (20), and further sizing and shaping the first and second patch electrodes (12,15) such that when they are in place over the respective ventricles a gap (40) is formed between the confronting borders of the two electrodes along the ventricular septum, substantially equidistant throughout the region of the confrontation.
- 10 8. The method according to claim 7, in which the sizing and shaping of the first and second patch electrodes (12,15) is further such that the gap (40) is sufficiently wide to limit shunting of current across the confronting borders of the two electrodes when the electrodes are energized with defibrillating shocks (69) when in place over the respective ventricles.
- 15 9. The method according to claim 8, in which the sizing and shaping of the first and second patch electrodes (12,15) is further such that the gap (40) between confronting borders of the two electrodes is sufficiently wide to accommodate the ventricular septum therein, so that preferential current flow will be through one ventricle across the septum to the free wall of the other ventricle when the electrodes (12,15) are in place over the respective ventricles and defibrillating shocks (69) are delivered thereto.
- 20 10. The method according to claim 9, in which the sizing and shaping of the first and second patch electrodes (12,15) is further such that the left anterior descending coronary artery (43) and the posterior descending coronary artery (45) will lie in the gap (40) between the confronting borders (33) of the two patch electrodes, to avoid vascular damage from the delivery of defibrillation shocks (69) to the electrodes (12,15) when in place over the respective ventricles.
- 25 11. The method according to claim 7, in which the conductive layer is a mesh (17), and further including the step of forming one or more holes (58) in the insulative backing (20).
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12. The method according to claim 7, in which the first and second patch electrodes (12,15) are fashioned with a contour to conform to the shape of the heart (10) in the region of the respective ventricles over which the electrodes are to be placed.

13. The method according to claim 7, in which the first and second patch electrodes (50,60) are flexible and fashioned with a flat configuration and a size and shape such that when placed over the respective ventricles each will encompass a substantial portion of the ventricular myocardium with some deformation of the electrode.

14. An implantable defibrillator (39), comprising an electrical waveform generator (39) for producing a defibrillating waveform (69) on demand, first and second patch electrodes (12,15) to be placed over the left and right ventricles of the heart (10), respectively, and leads (37) for electrically interconnecting the electrical waveform generator with the first and second patch electrodes, characterized in that the two electrodes (12,15) have a substantially uniform gap (40) between their confronting borders when in place over the respective ventricles and the electrodes encompass a majority of the ventricular myocardium, for establishing a uniform potential gradient field throughout the entire ventricular mass when the defibrillating waveform is produced by the electrical waveform generator and delivered to the electrodes via the leads.

15. The implantable defibrillator (39) of claim 14, in which the gap (40) between the two electrodes (12,15) is sufficient to prevent shunting of current therebetween when the two electrodes are in place over the respective ventricles and the defibrillating waveform (69) is delivered thereto.

16. The implantable defibrillator (39) of claim 15, in which the gap (40) between the two electrodes (12,15) is further sufficient to accommodate the ventricular septum therein, to establish preferential current flow through one ventricle across the septum to the free wall of the other ventricle, when the two electrodes are in place over the respective ventricles and a defibrillating waveform (69) is delivered thereto.

17. The implantable defibrillator (39) of claim 16, in which the gap (40) between the two electrodes (12,15) is further sufficient to accommodate the left anterior descending coronary artery (43)

and the posterior descending coronary artery (45) therein to avoid vascular damage from the delivery of a defibrillation waveform (69) to the electrodes.

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### Patentansprüche

1. Elektrodensystem zur Verwendung beim Defibrillieren des Herzens (10), bei dem eine erste Flächenelektrode (12) zur direkten Anordnung über der Oberfläche des rechten Ventrikels des Herzens konfiguriert ist, eine zweite Flächenelektrode (15) zur direkten Anordnung über der Oberfläche des linken Ventrikels des Herzens konfiguriert ist, und Verbindungsmitte (37) zur Anlegung elektrischer Energie an die jeweiligen Elektroden zur Defibrillation des Herzens vorgesehen sind, dadurch gekennzeichnet, daß die zweite Elektrode (15) mit Abstand zu der ersten Elektrode (12) zur Bildung einer relativ gleichförmigen Lücke (40) zwischen einander gegenüberliegenden Rändern (33) der beiden Elektroden (12, 15) durch den Bereich der Ventrikel-Scheidewand angeordnet ist, wenn die Elektroden über den entsprechenden Ventrikeln angeordnet sind, und die Elektroden (12, 15) jeweils Größen und Formen aufweisen, um zwischen sich einen Großteil des Ventrikel-Myocards einzuschließen, im Hinblick auf das Einrichten eines relativ gleichförmigen Potentialgradienten durch die gesamte Herzmasse bei Anlegen elektrischer Energie an die Elektroden (12, 15), und daß die Lücke (40) zwischen den einander gegenüberliegenden Rändern (33) der Elektroden ausreichend breit ist, um einem stromkurzschluß über diese Grenzen zu widerstehen und mindestens einige der größeren Koronar-Arterien (43, 45) zwischen ihnen unterzubringen.
2. Elektrodensystem nach Anspruch 1, bei dem jede der Elektroden (12, 15) ein leitendes Geflecht (17) aufweist, das derart ausgebildet ist, daß es benachbart zu der Oberfläche des entsprechenden Ventrikels auf einer Seite des Geflechts liegt, und eine flexible biokompatible Isolierabdeckung (20) die andere Seite des Geflechts abdeckt.
3. Elektrodensystem nach Anspruch 2, bei dem jede der Elektroden (12, 15) weiterhin einen nachgiebigen biokompatiblen isolierenden Rand (33) um die gesamte Kante der entsprechenden Elektrode aufweist, zu ihrem Annähen an dem Epikard oder dem Perikard.
4. Elektrodensystem nach Anspruch 2, in dem jede der Elektroden (12, 15) ein oder mehr

Löcher (58) in der Isolierabdeckung aufweist.

5. Elektrodensystem nach Anspruch 1, bei dem jede der Elektroden (12, 15) so konturiert ist, daß sie eng der Form des Herzens (10) in dem Bereich des Ventrikels entspricht, über den die jeweilige Elektrode angeordnet werden soll.

10. Elektrodensystem nach Anspruch 1, bei dem jede der Elektroden (50, 60) flexibel ist und eine normalerweise flache mit einer solchen Form versehene Konfiguration aufweist, die dann, wenn die Elektrode über dem entsprechenden Ventrikel angeordnet ist, adäquat ist, den Großteil des entsprechenden Ventrikular-Myokards mit einer gewissen Deformation der Elektrode zu umfassen.

15. Verfahren zum Herstellen von Flächenelektroden (12, 15) zur Verwendung beim Defibrillieren eines Herzens (10), umfassend die Schritte der Formung einer ersten Flächenelektrode (12) mit einer leitenden Schicht (17) mit einer anhängenden über nur eine ihrer Seite liegenden isolierenden Schicht (20) und mit einer Form und Größe konfiguriert, die im wesentlichen für die Abdeckung des Großteils des rechten Ventrikels des Herzens geformt und adäquat ist, wenn sie über dessen Oberfläche angelegt ist, des leitenden Befestigens einer elektrischen Leitung (37) an der leitenden Schicht (17) der ersten Flächenelektrode (12) in einem begrenzten Bereich an deren Rand (33) frei von der isolierenden Schicht (20), des Formens einer zweiten Flächenelektrode (15), enthaltend eine leitende Schicht (17) mit einer über nur einer deren Seite liegender anhaftender isolierender Schicht (20), konfiguriert mit einer Größe und Form, die im wesentlichen dem Abdecken des Großteils des linken Ventrikels des Herzens entspricht und adäquat ist, wenn sie über dessen Oberfläche angelegt ist, des leitenden Befestigens einer elektrischen Leitung (37) an der leitenden Schicht (17) der zweiten Flächenelektrode (15) in einem begrenzten Bereich an deren Rand (33) frei von der isolierenden Schicht (20), und weiterhin des Abmessens und Formens der ersten und zweiten Flächenelektrode (12, 15) in solcher Weise, daß, wenn sie über den entsprechenden Ventrikeln an Ort und stelle sind, eine Lücke (40) zwischen den einander gegenüberliegenden Rändern der beiden Elektroden längs der Ventrikular-Scheidewand gebildet wurde, die im wesentlichen über den gesamten Bereich, in dem sie sich aneinander gegenüber liegen, äquidistant ist.

20. Verfahren nach Anspruch 7, bei dem die Be- messung und Formung der ersten und zweiten Flächenelektrode (12, 15) weiterhin derart ist, daß die Lücke (40) ausreichend breit tat, um einen Stromkurzschluß über die einander gegenÜberliegenden Ränder der beiden Elektroden zu begrenzen, wenn die Elektroden über den entsprechenden Ventrikeln angeordnet sind und mit Defibrillier-Schocks (69) erregt werden.

25. Verfahren nach Anspruch 8, bei dem die Ab- messung und Formung der ersten und zweiten Flächenelektrode (12, 15) weiterhin derart ist, daß die Lücke (40) zwischen einander gegen- überliegenden Rändern der beiden Elektroden ausreichend breit ist, um die Ventrikular-Schei- dewand darin unterzubringen, so daß ein be- vorzugter Stromfluß durch ein Ventrikel quer zur Scheidewand zu der freien Wand des an- deren Ventrikels ist, wenn die Elektroden (12, 15) am Platz über den entsprechenden Ventri- keln sind und an sie Defibrillier-Schocks (69) geliefert werden.

30. Verfahren nach Anspruch 9, bei dem die Ab- messung und Formung der ersten und zweiten Flächenelektrode (12, 15) weiterhin derart ist, daß die linke vordere absteigende Koronar- Arterie (43) und die hintere absteigende Koronar-Arterie (5) in der Lücke (40) zwischen den einander gegenüberliegenden Rändern (33) der beiden Flächenelektroden liegt, zur Vermeidung von Gefäßschädigung bei der Ab- gabe von Defibrillierungs-Schocks (69) an die über den entsprechenden Ventrikeln angeord- neten Elektroden (12, 15).

35. Verfahren nach Anspruch 7, bei dem die lei- tende Schicht eine Geflecht (17) ist, und wei- terhin enthaltend den Schritt des Formens ei- nes oder mehrerer Löcher (58) in der Isolierab- deckung (20).

40. Verfahren nach Anspruch 7, bei dem die erste und zweite Flächenelektrode (12, 15) mit ei- nem Umfang geformt sind, der der Form des Herzens (10) in dem Bereich der entsprechen- den Ventrikel entspricht, über die die Elektro- den gelegt werden sollen.

45. Verfahren nach Anspruch 7, bei dem die erste und zweite Flächenelektrode (50, 60) flexibel und mit einer flachen Konfiguration und einer Form und Größe geformt sind, daß jede, wenn sie über das entsprechende Ventrikel gelegt ist, einen wesentlichen Abschnitt des Ventrikular-Myocards mit einer gewissen De-

formation der Elektrode umfaßt.

14. Implantierbarer Defibrillator (39), enthaltend einen elektrischen Wellenformgenerator (39) zur Erzeugung einer Defibrillationswellenform (69) bei Bedarf, eine erste und zweite Flächenelektrode (12, 15) zur Anordnung über dem linken bzw. rechten Ventrikel des Herzens (10) und Leitungen (37) zur elektrischen Verbindung des elektrischen Wellenformgenerators mit der ersten und zweiten Flächenelektrode, dadurch gekennzeichnet, daß die beiden Elektroden (12, 15) eine im wesentlichen gleichförmige Lücke (40) zwischen ihnen einander gegenüberliegenden Rändern aufweisen, wenn sie über den entsprechenden Ventrikeln angeordnet sind, und daß die Elektroden einen Großteil des Ventrikular-Myocards umfassen, zur Herstellung eines gleichförmigen Potentialgradienten-Feldes durch die gesamte Ventrikulärmasse, wenn die Defibrillationswellenform von dem elektrischen Wellenformgenerator erzeugt und den Elektroden über die Leitungen angelegt wird.

15. Implantierbarer Defibrillator (39) nach Anspruch 14, bei dem die Lücke (40) zwischen den beiden Elektroden (12, 15) ausreichend ist, um einen Stromkurzschluß zwischen sich zu verhindern, wann die beiden Elektroden über den entsprechenden Ventrikeln angeordnet sind und die Defibrillationswellenform (69) an sie angelegt wird.

16. Implantierbarer Defibrillator (39) nach Anspruch 15, bei dem die Lücke (40) zwischen den beiden Elektroden (12, 15) weiterhin ausreichend ist, die Ventrikular-Scheidewand in ihr unterzubringen, zur Herstellung eines bevorzugten Stromflusses durch ein Ventrikel quer zur Scheidewand zu der freien Wand des anderen Ventrikels, wenn die beiden Elektroden über den entsprechenden Ventrikeln angeordnet sind und eine defibrillierende Wellenform (69) an sie angelegt wird.

17. Implantierbarer Defibrillator (39) nach Anspruch 16, bei dem die Lücke (40) zwischen den beiden Elektroden (12, 15) weiterhin ausreichend ist, die linke vordere absteigende Koronar-Arterie (43) und die hintere absteigende Koronar-Arterie (45) darin unterzubringen, zur Vermeidung von Gefäßschäden bei der Abgabe einer Defibrillationswellenform (69) an die Elektroden.

## Revendications

1. Système d'électrodes destiné à une utilisation lors de la défibrillation du cœur (10), dans lequel une première électrode autocollante (12) est configurée pour être placée directement sur la surface du ventricule droit du cœur, une seconde électrode autocollante (15) est configurée pour être placée directement sur la surface du ventricule gauche du cœur, et un moyen de connexion (37) est prévu pour appliquer de l'énergie électrique aux électrodes respectives afin de défibriller le cœur, caractérisé en ce que la seconde électrode (15) est espacée d'une certaine distance de la première électrode (12) afin de former un espace relativement uniforme (40) entre des frontières se faisant face (33) des deux électrodes (12, 15) sur la région du septum ventriculaire lorsque les électrodes sont en place sur les ventricules respectifs, et les électrodes (12, 15) présentent des dimensions et des formes respectives leur permettant d'englober entre elles une majeure partie du myocarde ventriculaire dans le but d'établir un gradient de potentiel relativement uniforme sur la totalité de la masse ventriculaire suite à l'application d'une énergie électrique aux électrodes (12, 15) et l'espace (40) qui sépare les frontières se faisant face (33) des électrodes est suffisamment large pour résister à une dérivation de courant au travers de ces frontières et pour permettre l'adaptation d'au moins une certaine partie des principales artères coronaires (43, 45) entre elles.
2. Système d'électrodes selon la revendication 1, dans lequel chacune des électrodes (12, 15) comprend un maillage conducteur (17) conçu pour être placé de manière à être adjacent à la surface du ventricule respectif au niveau d'un côté du maillage, et un renfort isolant biocompatible flexible (20) qui recouvre l'autre côté du maillage.
3. Système d'électrodes selon la revendication 2, dans lequel chacune des électrodes (12, 15) comprend en outre une frontière isolante biocompatible élastique (33) autour de la totalité du bord de l'électrode respective pour suturer celle-ci soit sur l'épicarde soit sur le péricarde.
4. Système d'électrodes selon la revendication 2, dans lequel chacune des électrodes (12, 15) comporte un trou ou un certain nombre de trous (58) ménagés dans le renfort isolant.

5. Système d'électrodes selon la revendication 1, dans lequel chacune des électrodes (12, 15) est profilée de manière à se conformer au plus près à la forme du cœur (10) dans la région du ventricule sur laquelle l'électrode respective doit être placée.

6. Système d'électrodes selon la revendication 1, dans lequel chacune des électrodes (50, 60) est flexible et elle présente une configuration normalement plane conformée selon une forme qui est adéquate, lorsque l'électrode est en place sur le ventricule respectif, pour englober la majeure partie du myocarde ventriculaire respectif moyennant une certaine déformation de l'électrode.

7. Procédé de réalisation d'électrodes autocollantes (12, 15) en vue d'une utilisation lors de la défibrillation d'un cœur (10), comprenant les étapes de conformation d'une première électrode autocollante (12) qui inclut une couche conductrice (17), une couche isolante adhésive (20) recouvrant seulement un côté de celle-ci, qui est configurée selon une dimension et une forme se conformant sensiblement à la majeure partie du ventricule droit du cœur et qui est adéquate pour couvrir cette majeure partie lorsqu'elle est en place sur sa surface, la fixation de façon conductrice d'une connexion électrique (37) à la couche conductrice (17) de la première électrode autocollante (12) dans une zone limitée située au niveau de la frontière (33) de celle-ci qui est exempte de la couche isolante (20), la conformation d'une seconde électrode autocollante (15) qui inclut une couche conductrice (17), une couche isolante adhésive (20) recouvrant seulement un côté de celle-ci, qui est configurée selon une dimension et une forme se conformant sensiblement à la majeure partie du ventricule gauche du cœur et qui est adéquate pour couvrir cette majeure partie lorsqu'elle est en place sur sa surface, la fixation de façon conductrice d'une connexion électrique (37) à la couche conductrice (17) de la seconde électrode autocollante (15) dans une zone limitée située au niveau de la frontière (33) de celle-ci qui est exempte de la couche isolante (20) et encore le dimensionnement et la conformation des première et seconde électrodes autocollantes (12, 15) de telle sorte que lorsqu'elles sont en place sur les ventricules respectifs un espace (40) soit formé entre les frontières se faisant face des deux électrodes le long du septum ventriculaire, sensiblement à égale distance entre les extrémités opposées de la région du face à face.

8. Procédé selon la revendication 7, dans lequel le dimensionnement et la conformation des première et seconde électrodes autocollantes (12, 15) sont en outre tels que l'espace (40) soit suffisamment large pour limiter toute dérivation de courant au travers des frontières se faisant face des deux électrodes lorsque les électrodes sont excitées avec des chocs de défibrillation (69) lorsqu'elles sont en place sur les ventricules respectifs.

9. Procédé selon la revendication 8, dans lequel le dimensionnement et la conformation des première et seconde électrodes autocollantes (12, 15) sont en outre tels que l'espace (40) qui sépare des frontières se faisant face des deux électrodes soit suffisamment large pour permettre l'adaptation du septum ventriculaire de telle sorte qu'une circulation de courant préférentielle s'effectue au travers d'un ventricule en traversant le septum jusqu'à la paroi libre de l'autre ventricule lorsque les électrodes (12, 15) sont en place sur les ventricules respectifs et que des chocs de défibrillation (69) leur sont administrés.

10. Procédé selon la revendication 9, dans lequel le dimensionnement et la conformation des première et seconde électrodes autocollantes (12, 15) sont en outre tels que l'artère coronaire descendante antérieure gauche (43) et que l'artère coronaire descendante postérieure (45) soient situées dans l'espace (40) qui sépare les frontières se faisant face (33) des deux électrodes autocollantes afin d'éviter tout dommage vasculaire résultant de l'administration de chocs de défibrillation (69) aux électrodes (12, 15) lorsqu'elles sont en place sur les ventricules respectifs.

11. Procédé selon la revendication 7, dans lequel la couche conductrice est un maillage (17), et incluant en outre l'étape de formation d'un trou ou d'un certain nombre de trous (58) dans le renfort isolant (20).

12. Procédé selon la revendication 7, dans lequel les première et seconde électrodes autocollantes (12, 15) sont configurées selon un profil leur permettant de se conformer à la forme du cœur (10) dans la région des ventricules respectifs sur laquelle les électrodes doivent être placées.

13. Procédé selon la revendication 7, dans lequel les première et seconde électrodes autocollantes (50, 60) sont flexibles et configurées selon une conformation plane et selon une dimen-

sion et une forme telles que lorsqu'elles sont placées sur les ventricules respectifs, chacune englobe une partie significative du myocarde du ventricule moyennant une certaine déformation de l'électrode.

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14. Défibrillateur implantable (39) comprenant un générateur de formes d'onde électrique (39) pour produire une forme d'onde de défibrillation (69) à la demande, les première et seconde électrodes autocollantes (12, 15) destinées à être respectivement placées sur les ventricules gauche et droit du cœur (10) et des connexions (37) destinées à interconnecter électriquement le générateur de formes d'onde électrique avec les première et seconde électrodes autocollantes, caractérisé en ce que les deux électrodes (12, 15) comportent un espace sensiblement uniforme (40) entre leurs frontières se faisant face lorsqu'elles sont en place sur les ventricules respectifs et que les électrodes englobent une majeure partie du myocarde ventriculaire pour établir un champ de gradient de potentiel uniforme sur la totalité de la masse ventriculaire lorsque la forme d'onde de défibrillation est produite par le générateur de formes d'onde électrique et est administrée aux électrodes via les connexions.

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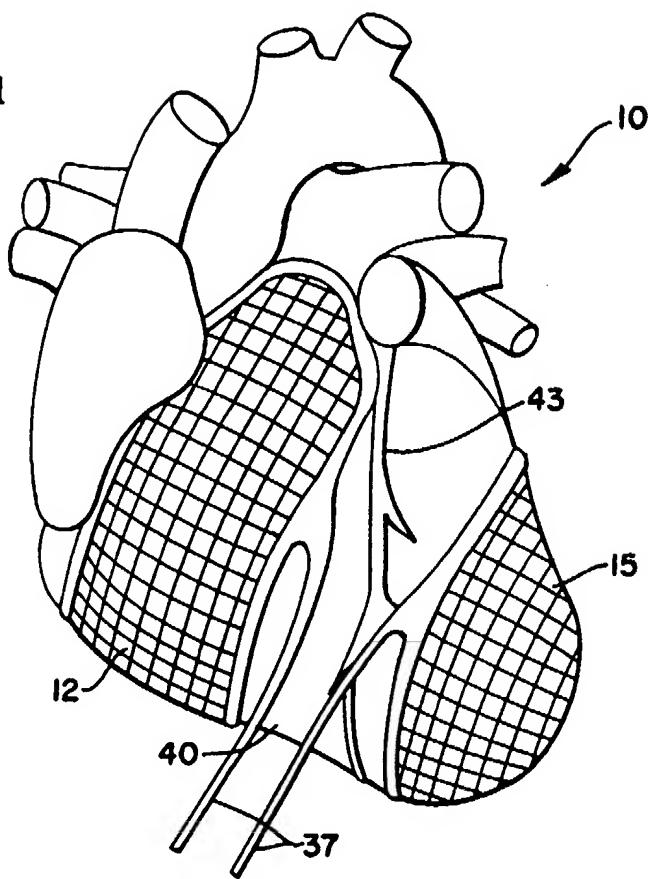
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15. Défibrillateur implantable (39) selon la revendication 14, dans lequel l'espace (40) qui sépare les deux électrodes (12, 15) suffit pour empêcher une dérivation de courant entre elles lorsque les deux électrodes sont en place sur les ventricules respectifs et lorsque la forme d'onde de défibrillation (69) leur est administrée.

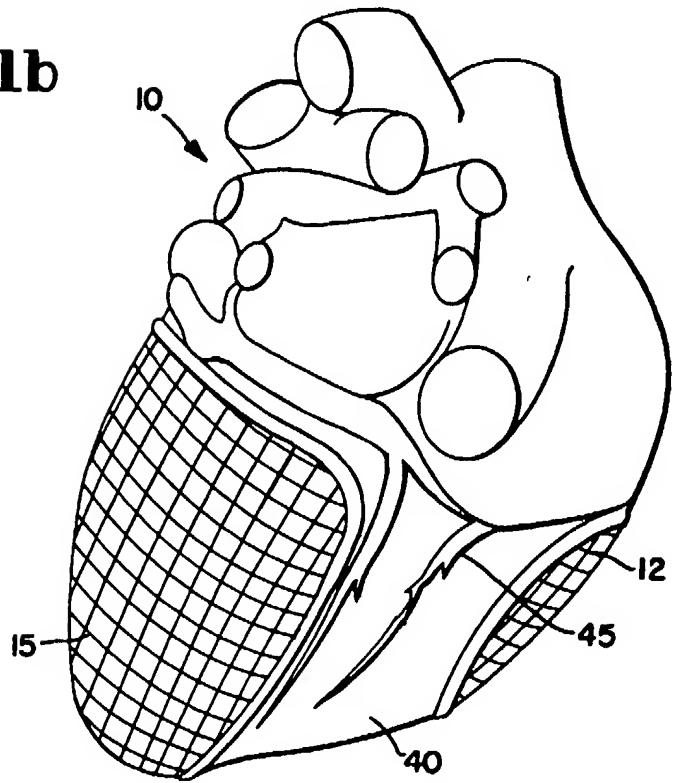
16. Défibrillateur implantable (39) selon la revendication 15, dans lequel l'espace (40) qui sépare les deux électrodes (12, 15) est en outre suffisant pour recevoir le septum ventriculaire en son sein afin d'établir une circulation de courant préférentielle au travers d'un ventricule, au travers du septum jusqu'à la paroi libre de l'autre ventricule lorsque les deux électrodes sont en place sur les ventricules respectifs et qu'une forme d'onde de défibrillation (69) leur est administrée.

17. Défibrillateur implantable (39) selon la revendication 16, dans lequel l'espace (40) qui sépare les deux électrodes (12, 15) suffit en outre pour recevoir l'artère coronaire descendante antérieure gauche (43) et l'artère coronaire descendante postérieure (45) en son sein afin d'éviter tout dommage vasculaire résultant de l'administration d'une forme d'onde de défibrillation (69) aux électrodes.

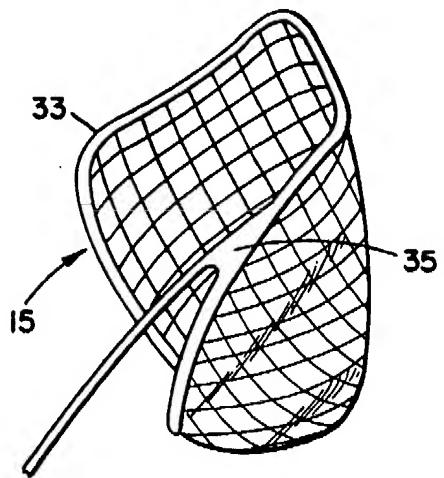
**Fig. 1a**



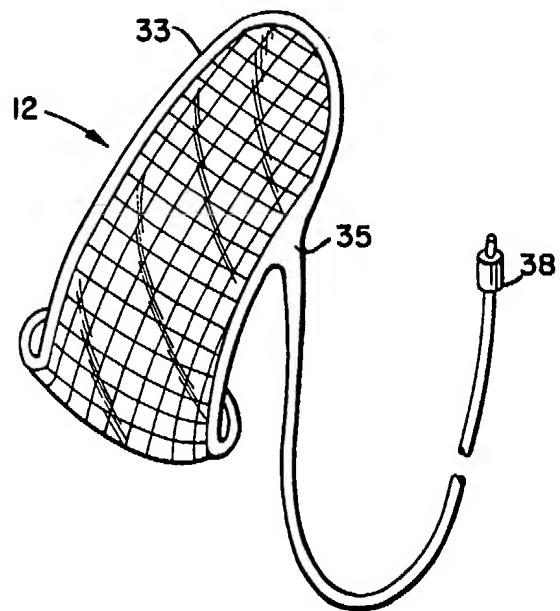
**Fig. 1b**



**Fig. 2a**

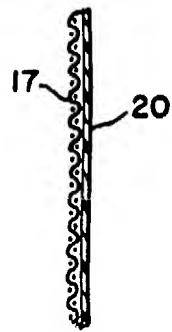
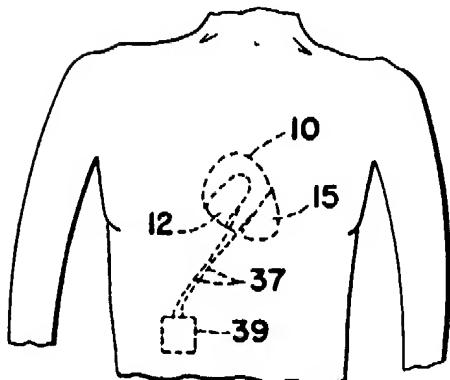


**Fig. 2b**

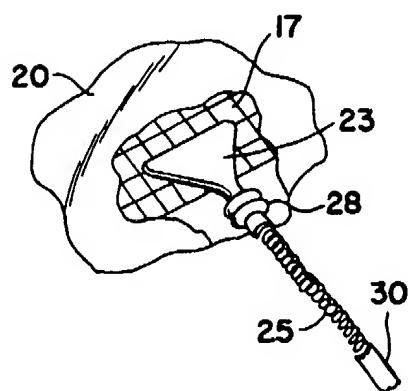


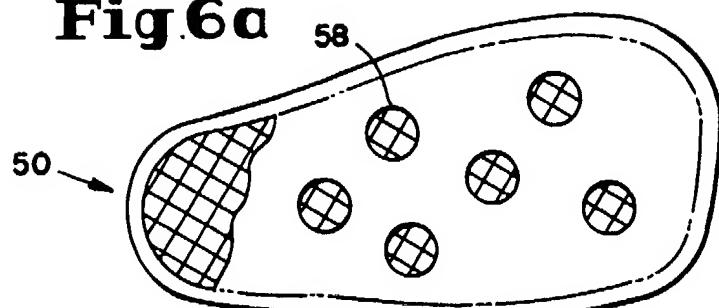
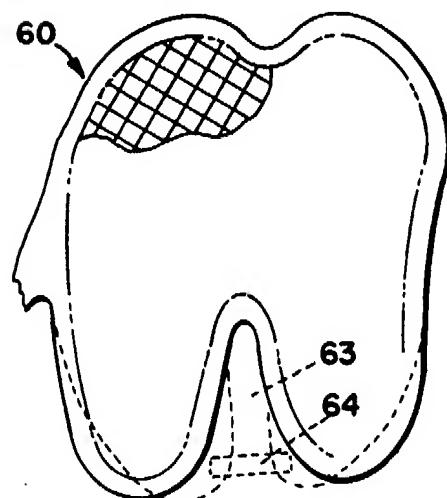
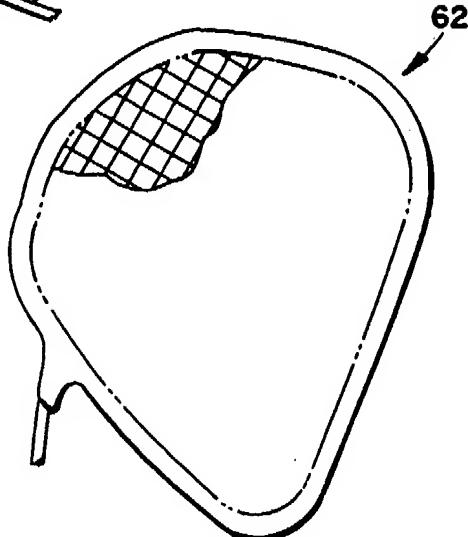
**Fig. 4**

**Fig. 3**



**Fig. 5**



**Fig. 6a****Fig. 6b****Fig. 6c****Fig. 7**